

# AASECT Contract for Supervision Natasha Helfer, LCMFT,CST-S

Date: \_\_\_\_\_

Name of  
Supervisee: \_\_\_\_\_

## AASECT Certified Supervisor of Sex Therapy: Natasha Helfer

This contract is to clarify the agreement for supervision requested by the above Supervisee, for the purpose of improving clinical skills in the diagnosis and treatment of sexual dysfunction, disorders and concerns. Upon completion of the agreed upon hours of supervision, those supervisory hours accrued will be submitted for consideration toward certification as a Sex Therapist by the American Association of Sexuality Educators, Counselors and Therapists. This agreement for supervision is not a guarantee or assurance of certification. The Supervisee is responsible for identifying and meeting any additional certification requirements. The Supervisor is available to assist in the process.

The Supervisee will present to the AASECT Certified Supervisor appropriate documents that verify academic credentials, state licensure, a copy of current liability insurance and proof of membership in AASECT. Supervision will consist of face-to-face meetings either in-office or through videoconference, and can consist of individual or group sessions. We may also utilize consultation via telephone when necessary. Supervisee will pace supervision frequency according to AASECT standards. Supervision will consist of case discussion and review, reading appropriate materials, and clinical observation of the Supervisee by the Supervisor.

It will be the Supervisee's responsibility to maintain a case log during the course of supervision. The log will contain the date, type of case, client's age, gender, marital/ relational status, DSM

5 codes and the modality of therapy used. The Supervisor will keep a similar log.

The Supervisee is expected to abide by the ethical codes of their profession and the AASECT ethical code. Failure to do so can result in termination of the supervision contract and any certifications achieved. The Supervisor also agrees to abide by the ethics of their profession and by the AASECT ethical code and to follow the standards outlined by AASECT for supervisory responsibilities.

The charge for supervisory services is \$175.00 an hour for individual supervision and \$220 per group session (2 hours with at least 2 supervisees present).

Cancellation fee is a flat \$100 fee for individual and group supervision, if not cancelled within 48 hours of scheduled time.

The supervisory contract may be terminated by either party with thirty days notice for any reason.

Supervisor: Natasha Helfer, LCMFT, CST-S

Date: \_\_\_\_\_

Email Address: [natasha@symmetrypath.com](mailto:natasha@symmetrypath.com)

Phone: 316-260-0919 or 208-391-7804

Office Address: 1438 E 3010 S, Salt Lake City, UT 84106

Supervisee:

Date:

Email Address:

Phone:

Office Address:

